



# Food bank donations needed

Week of  
October 14<sup>th</sup>

A large illustration of a tree with autumn-colored leaves (brown, orange, yellow) on the left. To the right of the tree are two pumpkins, one orange and one yellow. The entire scene is set on a yellow ground patch.

# Harvest Festival

Helping Hands especially appreciate donations of:

UHT milk, fruit juice, squash,  
coffee, tinned fruit, tinned meat meals  
and pasta sauce.