

# New Mills Primary School

## Physical Activity and PE Action Plan 2018/19

### Updated June 2019

This Action Plan includes PE, School Sport and Physical Activity in New Mills Primary School. It sets out what we want to achieve this academic year, how we want to go about it, who is responsible for delivering the outcomes and how we will know if we have been successful. Delivery of this Action Plan is made possible by the Sports Premium funding.

Our Sports Premium funding enables us to do a wide range of things:

- The opportunity to embed physical activity in the life of our school
- Improve the quality of and variety within PE lessons and activities
- Give all children access to a wider range of School Sports activities so that they can find their niche
- Teach our children about the School Games values and how they underpin sporting performance
- Provide leadership opportunities through Sport
- Provide specific sports opportunities for children with SEN and those from disadvantaged backgrounds

Green – Achieved Orange – In progress Red – Not yet achieved

Target	What do we need to do?	Who needs to be involved?	What other resources do we need?	How will we measure this and how will we know we have achieved the target?	Progress to date
<b>School Sport</b>					
<b>100% of KS2 children to participate in at</b>	Consult with 'refusers' to ensure they attend an event which appeals to them.	PE Coordinator John Worsley HPSSP	Sustainable Hayfield Mini buses	Measurement from participation spreadsheet in July 2019	100% of all mainstream children have attended at least one external sports event.

<p><b>least one external sports event</b></p>	<p>Ensure appropriate practice space and time to ensure children feel confident in that sport</p> <p>Monitor % throughout the school year and 'fit' children to certain events</p> <p>Maintain close contact with JW and HPSSP to ensure we get places at events</p>	<p>Teachers</p>	<p>Supply TA costs to ensure correct staff ratios</p> <p>Correct equipment, practise time and practise space</p>		<p>Events have been targeted at individual children to ensure all that they are attending an event which is suitable to their skill level and interest. Anecdotal evidence indicates that children have enjoyed the events they have attended more than previously because of this targeting.</p> <p>PE Coordinator has continued to ensure all children attend a practise session for the event they attend to ensure they are confident with the game play and set up of the event.</p> <p>New Mills Primary have attended 40 External events this year and have qualified for 3 High Peak finals</p> <p>Better use of parent volunteers, cluster working with other PEGS PE Coordinators has enabled us to save money on TA support at events</p>
<p><b>100% of KS1 children to participate in at least one external sports event</b></p>	<p>Consult with 'refusers' to ensure they attend an event which appeals to them.</p> <p>Ensure appropriate practice space and time to ensure</p>	<p>PE Coordinator John Worsley HPSSP Teachers</p>	<p>Sustainable Hayfield Mini buses Supply TA costs to ensure</p>	<p>Measurement from participation spreadsheet in July 2019</p>	<p>100% of KS1 children have attended at least one external Sports event.</p> <p>Better provision for KS1 at High Peak level (Mapquest, KS1 Ball Skills)</p>

	<p>children feel confident in that sport</p> <p>Monitor % throughout the school year and 'fit' children to certain events</p> <p>Maintain close contact with JW and HPSSP to ensure we get places at events</p>		<p>correct staff ratios</p> <p>Correct equipment, practise time and practise space</p>		<p>Better link between external activities and PE lessons in school time to ensure that children have the fundamental skills in order to enjoy an event.</p>
<p><b>Develop Closer links with external sports clubs who may be able to help us deliver lunch time or after school activities</b></p>	<p>Update list of external sports clubs locally – make this available to parents and promote its use by parents</p> <p>Develop our relationship with NM Tennis Club – Actively encourage children to attend weekday and weekend coaching sessions. Organise a school tennis tournament at the club during Summer 2019.</p> <p>Develop our relationship with NM Cricket Club to encourage more children to attend the Friday evening training sessions in summer term.</p>	<p>PE Coordinator Parents PEGS Cluster</p>	<p>PE Coordinator time to build relationships with clubs</p>	<p>More children feeding through to external sports clubs after school</p> <p>Raised profile of opportunities available</p> <p>More curriculum club sessions delivered in school</p>	<p><b>Wall display about External clubs and how to contact them.</b></p> <p>Ongoing links developed with New Mills Juniors Football club, Whaley Bridge Football Club, Buxton Golf Club and New Mills Tennis Club and the newly created New Mills Netball Club. School now actively filtering children through to these external clubs outside of school hours</p> <p>New Mills Tennis club ran an event for HPSSP – a link which was forged by NMPS</p>

	Encourage progression to external clubs for Netball and Football.				
<b>Maintain School Games Gold award</b>	Maintain participation rates, Sports leaders Scheme, Playground Leaders and links with external clubs	PE Coordinator Teachers Sports Captains Year 5 Playground Leaders	Supply budget for TA's to ensure correct ratios at events  Mini buses where appropriate	Gold award achieved for 3rd year	Gold Award Achieved for the 3rd year in a row
<b>Embed School Games Values into PE and School Sport (Honesty, Teamwork, Respect, Passion, Determination, Self-Belief)</b>	Ongoing discussion with children about the values  Communication of values to parents – through Twitter and Sports Bulletin	All staff PEGS Colleagues parents	None	Children using School Games values in their language Children displaying School games Values in their activity	School Games values now embedded in some PE lessons. Children encouraged to show these values in PE lessons through shaking hands after a match etc.  Classroom based lessons on Teamwork and determination carried out for year 3 and 2.
<b>Maintain and develop Sports Captains scheme and role</b>	Elect new sports captains at Easter from year 5  Existing Sports Captains to write or record a case study on what they have achieved this year	Mrs Williams Governors PE Coordinator	None	Existing Sports Captains can identify how the role has changed them and what they have been able to change through being Sports Captain	Record numbers of applications for Sports Captain received. Children can now see the clear benefit and kudos associated with the role  Sports Captains involved in a range of new and different activities this year compared to last and Sports Captains have worked with School Council to consult children

	New Sports Captains to present to Governors in July 2019			A high number of applications for Sports Captain this year	about lunch and playtime rotas, equipment and issues.
<b>Encourage more Intra-school Sports competitions</b>	Organise Intra school Sports Competitions – 1 per full term:  Football Mini Triathlon Benchball Tennis  Sports Captains to help organise	Teachers Midday Supervisors Parents	Equipment Possibly external expertise e.g.	Children engaged by House based sports competitions.  Children volunteering to help organise  Numbers of children participating	Informal interschool competitions held in PE lessons at the end of a unit of work e.g. Year 3 had a Benchball tournament and Year 6 had a Basketball tournament in these events.  Scooter Duathlon highly successful intra school competition with 200 children taking part and raising £2000 in sponsorship.
<b>Engage more girls at KS2 with ball sports</b>	Improve confidence of girls at KS2 in football, netball and basketball related sports.  Encourage children and parents to bring appropriate footwear to school for lunch time clubs Bring in girls only football days in the bottom playground and in KS1 playground	PE Coordinator Parents	Equipment (class set of footballs)	Numbers of girls participating  Improved resilience of girls on the pitch or court  Increased participation of girls in School Sports  Improved ball skills and tactical understanding	Considerable interest from girls in both Basketball and Netball lunch time clubs since September. A core group of girls have continued to play Netball at the lunch club throughout the summer. 4 girls from KS2 now attending Friday evening Netball sessions at the Leisure Centre.  Girls football sessions on the bottom playground have not been successful. Girls ask for the sessions then don't play. This idea needs a rethink.
<b>Continue to share best practise across the PEGS cluster</b>	Repeat PEGS KS1 activity morning Extend to PEGS KS2 children	HPSSP PE Coordinators	none	Better relationships with wider High Peak schools	PE Coordinator building strong relationships with peers in the wider High Peak including Burbage, Dinting, Hayfield, Padfield and St Mary's. Informal skill

	Sharing of lesson plans and best practise			Sharing of resources and skills  Children knowing children from around the High Peak  High Peak becoming an example of best practise working	sharing of best practise between these schools.  New Mills cluster now envied amongst other High peak areas for its great network and set up for interschool sports events.
<b>Playtimes, Lunchtimes, afterschool and Physical Activity</b>					
<b>Improve playtime space for KS1 children</b>	Complete funding package for KS1 playground  Consult with children about final design  Implement design on site	Teachers  Play Companies  Governors  Parents  Children	Time to write funding bids	KS1 play area is a flexible multi activity space where all children are physically challenged. The play area provides formal and informal play opportunities and is suitable to use in all weathers	£10,000 raised for KS1 playground from Tesco, Coop, Waitrose and the PTA.  Steering group of staff, governors and parents set up to consult on final design.  DCC putting together a bid for the surfacing and drainage improvements to the playground which will be needed before the new equipment is installed.
<b>Provide a quality Afterschool Sports club provision which meets the needs of parents and children</b>	Audit After School Sports Club provision every full term  Give feedback to external companies and change	External Sports companies  PE Coordinator	None	After School provision is fit for purpose by children and parents. Children enjoy the sessions, they are affordable for parents	Improvements in After School provision made this year. Introduction of Ninja Warriors for KS1 and Forest Schools Club for all age groups.

	<p>content of sessions if necessary</p> <p>Carry out consultation with parents to ensure After School clubs offer what parents and children need and want</p>	Parents		and provide maximum opportunity for physical activity	Ad hoc consultation carried out with parents to ensure after school provision meets their childcare needs.
<b>Provide a quality lunch time club provision for children in KS2</b>	<p>Continue to run lunch time clubs on Monday, Tuesday and Thursday. Better communication to year 3 and 4 regarding when clubs take place</p> <p>Train Midday supervisor to supervise session on the top playground on a Friday</p> <p>Find an external club who could run a sports club on a Wednesday or Friday (Lacrosse, cricket? Golf?)</p>	<p>PE Coordinator</p> <p>Midday Supervisors</p>	New tennis balls	<p>Children know when clubs are taking place and know how they can participate.</p> <p>Consistently high numbers of children taking part in clubs</p> <p>Lower KS2 children taking part in clubs</p>	<p>Monday and Tuesday lunchtime clubs now embedded in KS2 timetable. PE Coordinator has worked with teachers to ensure that all children know about these activities. Consistently between 15 and 20 attending these activities</p> <p>Introduction of a highly successful Woodland Lunch Time Club on Thursdays.</p> <p>Ongoing consultation with School Council regarding play rotas and use of spaces</p> <p>Started wider discussion about the use of the top playground on Wednesday, Thursday and Fridays. Head looking at ways to staff the use of this area.</p>
<b>Develop Playground Leaders scheme</b>	Playground Leaders Training to be carried out with year 5 in September	Sports Captains, PE Coordinator, Year 5	New equipment which the	Scheme takes on a life of its own. Children run the scheme and self-regulate the activity.	After looking at how the scheme was working for both leaders and users, we decided to just offer Playground Leader roles to Year 5 and that they would only

	<p>Combine Playground Leaders scheme with Playground Patrol. Consult with School Council about changes.</p> <p>Ensure Playground leaders operate in KS1</p> <p>Monitor and refresh equipment in both playgrounds to ensure it is appealing to a wide group of children</p>	<p>Teacher and Midday Supervisors School Council</p>	<p>children have chosen</p>	<p>Leaders develop better interpersonal skills, better leadership skills</p> <p>Children who take part in the scheme feel included in play activities</p>	<p>operate in KS1 playground. The scheme has been much more successful this year and has not needed a huge amount of teacher input unlike previous years. Leaders find it easier to work with the smaller children rather than their peers.</p>
<p><b>Improve health and fitness across the school</b></p>	<p>Relaunch Daily Mile format every term to ensure children remain enthusiastic. Continue with Dice Challenge in poor weather.</p> <p>Communication with children and parents as to the importance of physical activity in the morning</p>	<p>PE Coordinator</p>	<p>New resource to count laps</p>	<p>All children participating in Daily Mile</p> <p>Increase in fitness, resilience and determination across the school</p> <p>Better understanding of how health and fitness relate to academic performance and behaviour (from parents and children)</p>	<p>We have successfully run Daily Mile for 4 years. This winter we only missed a handful of days due to bad weather.</p> <p>Daily Mile Consultation carried out across KS2 in March. Results show that children really understand the importance of Daily Mile for their minds and bodies. In general children enjoy the activity but asked for more challenges, obstacles and things to make it interesting. These things have now been implemented and their use will be rotated to ensure they remain fresh and interesting.</p>



					PE Coordinator working with the Great Manchester Moving Daily Mile Champion to help spread best practise in Daily Mile.
<b>PE Lessons</b>					
<b>Offer a broad curriculum that inspires children to participate in a wide range of physical activities</b>	Monitor new curriculum plan to ensure children are being taught consistent skills and game rules across the year groups.	Teaching Staff  PE Coordinator	None	Children have skills across all curriculum areas. Gaps in skill level are addressed sooner. Children feel confident to perform a wide range of activities and can transfer skills from one sport or activity to another	Consistent use of Derby Lesson plans across year groups has brought some consistency to the teaching of PE. Better quality fundamental skills are being taught at KS1 and better links are being forged at KS2 between these fundamental skills and those needed to play particular sports.  Slight revision of curriculum plan needed this year due to loss of Artis Dance sessions (due to budget restrictions)
<b>Staff have a good understanding of the PE Curriculum and the confidence and tools to teach it</b>	Ensure teachers continue to teach PE throughout the year  Access training for teachers in areas where they feel less able  PE Coordinator to provide resource packs to enable teachers to deliver hall based fitness sessions which can be	PE Coordinator  Teachers	Derby lesson plans  Table of warm up games  Fitness Resources	Teachers are confident to teach a wide range of PE subject areas. Where they are less confident or able, teachers work together with PE Coordinator to ensure delivery of a quality session	Consistent use of Derby Lesson plans across year groups has brought some consistency to the teaching of PE. Better quality fundamental skills are being taught at KS1 and better links are being forged at KS2 between these fundamental skills and those needed to play particular sports.  CPD support from Mat at UK Sport Coaching and external clubs has ensured curriculum is refreshed with new activities

	<p>delivered year round in any weather with any class size</p> <p>Undertake a series of lesson observations and feedback to staff</p>			<p>Teachers feel that they have a range of resources to help them</p> <p>Teachers understand how to extend an activity to enable all children to access it</p>	<p>and sports e.g. Tri Golf and Dodgeball included this year.</p>
<p><b>Improve skills in Dance teaching within school.</b></p>	<p>PE Coordinator to attend Dance Training course in October 2018. Techniques disseminated to staff throughout the school year.</p> <p>PE Coordinator to work with staff to ensure they are confident to teach dance in their PE lessons.</p>	<p>Teachers</p>	<p>Sports Premium Money for external course</p>	<p>Teachers confident to teach Dance on a variety of topic led themes.</p> <p>PE Coordinator has a range of lesson plans to help teachers with their planning in Dance activities.</p>	<p>PE Coordinator took on some self-study Dance CPD and has delivered some better quality dance sessions as a result.</p> <p>Derby Lesson plans being disseminated across teaching staff to ensure all teachers feel confident to teach dance units which link to classroom topic work.</p>
<p><b>Increase 'active time' during PE lessons</b></p>	<p>Develop reward system for quick changing</p> <p>Communicate to parents and children the importance of having an appropriate PE kit in school all the time</p> <p>Better supply of spare PE kit held in school for children who do not have their own</p>	<p>Teachers Parents PE Coordinator</p>	<p>Donations of kit from parents</p>	<p>Children have appropriate PE kit for every lesson. (indoor and outdoor)</p> <p>Parents understand the importance of their child having the appropriate equipment for PE</p> <p>An increase in 'active time' during all PE</p>	<p>PE Coordinator attended new Reception parents evening to reinforce the importance of appropriate PE kit. Focus on training Reception children to get changed independently.</p> <p>Still issues with lack of PE kit from children. This is particularly a problem after a school holiday when the PE kit is not brought back to school.</p>

	Consult parents over standardising PE kit uniform in 2019/20			lessons (stopwatch check)	New Earrings Policy written and introduced in March 2019 to clarify position on earrings and prevent delays in the start of a lesson for this reason.
<b>Attainment in PE monitored through the year</b>	PE Coordinator continuing to use assessment models to monitor children's progress.  Assessment model completed for all children by summer term at the end of the summer term. Year 6 assessments passed the High School as part of transition information.	Teachers  PE Coordinator	Assessment criteria and model	Better understanding of how much progress children make in PE over a term. Where there are gaps in skill level we understand how to help those children. Where we identify exceptional ability, we have a mechanism for pushing those children further.	Assessment and Monitoring carried out at start, middle and end of Reception year. This has been a positive step towards identifying gaps in ability.  Assessment further up the school has been difficult due to time constraints and staffing. Further work needs to be done on this next year.
<b>All children in Year 6 able to swim one length of a recognised stroke</b>	Identify non swimmers earlier (year 3), enabling us to provide suitable interventions. This could be done through questioning children on swimming ability at the start of year 3. Any non-swimmers given extra sessions at Peak School  Any children who are still unable to swim a length by the end of year 5 swimming	PE Coordinator	Budget for extra swimming sessions	No surprises when Year 4 start swimming at Easter e.g. children unable to swim already been through water confidence module	86 % of year 6's were able to swim 25m of a recognisable stroke by the end of their school swimming lessons. This is 9% more than last year.  Year 4's surveyed in November 2018 to identify any children who may need extra swimming support before the start of their school swimming lessons.

	would be offered the place to continue in Year 6				
<b>All children able to access Bikeability Level 2 in Year 5</b>	<p>Identify non cyclists earlier, enabling us to provide suitable interventions.</p> <p>Continue Balance bike training in Year 1</p> <p>Bikeability Level 1 for all Year 3's and 4's to improve overall skill level and identify non cyclists</p>	PE Coordinator	Budget for extra Bikeability Level 1 places	No surprises when year 5 start Bikeability Level 2. All children to have been pre-assessed at Bikeability Level 1	<p>High pass rates for Year 5 Bikeability this year.</p> <p>Balance Bike sessions very popular with Reception children and is on track to result in a high proportion of children being able to ride a pedal bike by the end of the school year.</p>
<b>Embed Outdoor and Adventurous in whole KS2 curriculum</b>	<p>Ensure OAA remains part of the PE curriculum taught in lessons.</p> <p>Look at potential for one night year 4 residential in Spring term.</p> <p>Continue with year 5 Kingswood and year 6 Lea Green residential</p>	All Staff	Sports premium funding to subsidise Year 4 Whitehall?	<p>Classes working better as a team</p> <p>Children confident to stay away overnight</p> <p>Fewer concerns about Kingswood and Lea Green residential</p>	Year 4 Whitehall trip a success. Extending to year 3 next year